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The Nyerongsha Institute for Tibetan Medicine & Culture

MOON PHASE CHART 2020

NEW Moon	FIRST Qtr	FULL Moon	LAST Qtr
	January 2	January 9	January 17
January 24	February 1	February 8	February 16
February 22	March 1	March 8	March 16
March 23	March 31	April 7	April 15
April 21	April 29	May 6	May 14
May 21	May 29	June 5	June 13
June 20	June 28	July 5	July 13
July 20	July 28	August 4	August 12
August 18	August 26	September 2	September 10
September 17	September 25	October 2	October 10
October 16	October 24	October 31	November 8
November 15	November 23	November 30	December 8
December 14	December 22	December 29	

INFORMATION & APPOINTMENTS

Bay Area/Los Angeles: 310-551-2658

San Diego: 619-624-0506 • Tucson, AZ: 602-568-0107

~ May the blessings of Healing Buddha accompany you along your path ~