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The Nyerongsha Institute for Tibetan Medicine & Culture

MOON PHASE CHART 2022

NEW Moon	FIRST Qtr	FULL Moon	LAST Qtr
January 2	January 10	January 17	January 25
February 1	February 9	February 16	February 24
March 2	March 10	March 17	March 25
April 1	April 9	April 16	April 24
April 30	May 8	May 15	May 23
May 30	June 7	June 14	June 22
June 28	July 6	July 13	July 21
July 28	August 5	August 12	August 20
August 26	September 3	September 10	September 18
September 25	October 3	October 10	October 18
October 24	November 1	November 8	November 16
November 23	December 1	December 8	December 16
December 22	December 30		

INFORMATION & APPOINTMENTS

Bay Area/Los Angeles: 310-551-2658

San Diego: 619-277-0506 • Tucson, AZ: 602-568-0107

~ May the blessings of Healing Buddha accompany you along your path ~